Welcome to the Child and Maternal Health Knowledge Update highlighting the latest news, events, reports, research and other resources relating to children, young people’s and maternal health. All these resources and more are available on our website www.chimat.org.uk

This email includes a summary and link to each resource below.

If you would prefer to read a pdf version of this eBulletin, go to the eBulletins page on our website.

You can follow us on Twitter @PHE_Children

National Child and Maternal Health Intelligence Network news

We’re seeking feedback for Child Health Profiles 2016
Earlier this year, Public Health England (PHE) published Child Health Profiles 2015 for each top tier local authority in England. PHE is currently reviewing the content of these profiles and inviting stakeholders to complete a short survey on the priorities you would like to see reflected next year.
Please complete our short survey

Continence in children and young people
Working with the Paediatric Continence Forum, we’ve updated our Needs Assessment Report about continence in children and young people with the latest data for local authorities and CCGs. This is one of a series of popular reports which help you undertake local needs assessments as part of children’s and young people’s planning and joint strategic needs assessments.
Needs Assessment Report - continence in children and young people

Dental caries and obesity: their relationship in children
Public Health England has published an evidence summary exploring the relationship
between dental caries and obesity in individuals and populations. It supports the dental public health and obesity teams, who may be asked about the relationship between these two outcomes.

Clear opportunities for local organisations to improve children’s mental wellbeing
A new resource from Public Health England’s (PHE) Mental Health Intelligence Network highlights the importance of local organisations measuring and acting to improve the mental wellbeing of children and young people. The resource supports local joint strategic needs assessments (JSNAs) and the commissioning of interventions to improve the mental wellbeing of local children and young people.
Measuring mental wellbeing in children and young people

In the news

We do not accept responsibility for the availability, reliability or content of these news items and do not necessarily endorse the views expressed within them.

Diabetes UK: Three quarters of children aren’t doing enough physical activity
New research into child activity rates in the UK has found that over 77 per cent of children are doing no more than four hours of out of school exercise each week.

HM Treasury: Chancellor announces major new extension of shared parental leave and pay to working grandparents
The Chancellor has announced that he will extend shared parental leave and pay to working grandparents. The planned changes will increase flexibility and choice in parental leave arrangements and support working parents with the costs of childcare during the first year of a child’s life.

HM Treasury: Government announces Child Benefit deductions in tougher approach to truancy
Government announces its intention to introduce tougher measures to address truancy, including deducting the cost of unpaid penalty notices from Child Benefit.

BBC: Tablet computers ‘widely used by under-fives’
In families which own tablet computers, almost a third of children aged under five have their own device, according to a study by the universities of Sheffield and Edinburgh.

World bedwetting day
The first ever World Bedwetting Day will be launched on 17 October 2015 to raise awareness that bedwetting is a common medical condition that can and should be treated.
Children & Young People Now: Cameron announces drive to improve outcomes for children in care
Improving outcomes for children in care will form part of an “all out assault on poverty” by government, Prime Minister David Cameron has said.

Children & Young People Now: Youth remand continues to fall
The amount of time spent by young people on remand in youth custody has fallen for the second year in a row, government figures show.

LGA: Youth offending team funding reductions could increase number of children in custody
The number of children in custody risks increasing if plans to reduce in-year funding for Youth Offending Teams (YOTs) by an additional £9 million go ahead, council leaders warn today.

Children & Young People Now: Concerns over school childcare provision plans
Government plans to expand childcare provision in schools could lead to a drop in quality, the sector has warned.

The Who Cares Trust?: The Who Cares Trust? aims to raise number of care leavers going into higher education
As part of its work to improve the life outcomes of care leavers, The Who Cares? Trust has created Propel, an online resource providing full information about UK educational institutions’ pastoral and financial provision for care leavers, as well as inspirational stories from care-experienced students who have successfully made the transition from care to higher education.

NHS England: NHS Citizen progress so far
This blogpost discusses the progress of NHS Citizen which aims to involve the public in NHS England decision making.

Children & Young People Now: One in three young people in custody are in care system
More than a third of under-18s in young offender institutions (YOI) are in the care system, it has emerged.

University of Sheffield: Study finds apps can benefit pre-schoolers, but parents need to choose wisely
A study examining pre-school children’s use of apps and tablets found that in households where there are tablets, 31 per cent of under-fives have their own and use them for an average of one hour and 19 minutes on weekdays and one hour and 23 minutes on weekends.
BBC: MPs want better help for poorer pupils
"Urgent steps" are needed to ensure more effective support for two million disadvantaged pupils in England, a report from a committee of MPs warns.

Community Care: Child radicalisation referrals pass 300 as prevent duty begins
More than 300 children and young people were referred to the government’s deradicalisation programme over the summer as a new duty on public bodies was introduced.

Children & Young People Now: Deprived areas set for health visitor funding boost
Disadvantaged areas will receive additional funding to carry out their new public health responsibilities under proposals to make the system fairer.

Children & Young People Now: Munby warns of increase in radicalisation cases in family courts
Increasing numbers of cases involving children whose parents are planning to travel to areas of Syria controlled by Islamic State are coming before family courts, the country’s top family judge has warned.

Guides and practice

Better knowledge, better care RSS package
NHS IQ’s knowledge and intelligence team have developed these RSS feed packages to support staff working in health and care to stay up to date with evidence around key topics. The topics span the Five Year Forward View, NHS Outcomes Framework, Francis Report and a generic file of other useful resources. Alongside the package is a made to measure support package to help you set up and use the RSS feeds.

Antibiotic awareness resources: 2015
Public Health England (PHE) established the Antibiotic Guardian campaign to help protect antibiotics and improve knowledge about antibiotic resistance. PHE has produced a variety of resources for use and local adaptation aimed at the public.

What good looks like in psychological services for children, young people and their families
This is a practical handbook providing guidance on the provision of good quality psychological services and the active roles that psychologists and other mental health practitioners can play. It explains how a transformation in mental health services can be achieved by developing models of care based on psychological evidence and provides a blueprint for how UK services should be set up to provide the best treatments and best value.
Reports

Manifesto for children’s play in Wales
Play Wales has launched this manifesto which calls for the next Government in Wales to continue to prioritise provision for play.

The relationship between dental caries and obesity in children: an evidence summary
This evidence summary explores whether dental caries and obesity are found in the same individuals and populations. It supports the dental public health and obesity teams, who may be asked about the relationship between these two outcomes.

Quantifying the benefits of early intervention in Wales: a feasibility study
Public Policy Institute for Wales commissioned a feasibility study on quantifying the benefits of early intervention programmes in Wales; and, in particular, Flying Start and Families First. The resulting report outlines how Wales provides a model of what can be achieved by a devolved administration, which English regions and others might build on.

Exploring play and creativity in pre-schoolers’ use of apps
This report outlines the key findings of a co-produced study that aimed to identify pre-school children’s (aged 0-5) uses of and responses to tablet apps in terms of the impact on their play and creativity.

Funding for disadvantaged pupils
The Public Accounts Committee (PAC) has published this report on funding for disadvantaged pupils, based on its inquiry, which examined the current accountability and intervention mechanisms and how the pupil premium is improving disadvantaged pupils’ attainment and achieving other impacts.

Tools and data

Female offenders and child dependents
This publication presents an estimate of the proportion of female offenders with child dependents in their care at the time of their disposal in 2012, using linked data between the Ministry of Justice and the Department of Work and Pensions.

Research

The full versions of some of these resources may only be available with a paid subscription. For information on how you may be able to access them please view our Accessing Knowledge Hub resources page.
Effects of secondhand smoke exposure on asthma morbidity and health care utilization in children: a systematic review and meta-analysis
The objective of this study was to perform a systematic review and meta-analysis to evaluate and quantify asthma severity and health care use from secondhand smoke exposure in children.

Weight development from age 13 to 30 years and adolescent socioeconomic status: the Norwegian longitudinal health behaviour study
The aim of this research was to describe the weight development and model change in body mass index (BMI), and to examine the association of adolescent socioeconomic status (SES) with change in BMI distribution in a cohort followed from adolescence through adulthood.

Factors associated with the prevalence of adolescent binge drinking in the urban areas of Greater Manchester
This article investigates the prevalence of adolescent binge drinking and the factors associated with this prevalence in urban areas of Greater Manchester.

Vitamin C supplementation in pregnancy
The aim of this Cochrane review is to evaluate the effects of vitamin C supplementation, alone or in combination with other separate supplements on pregnancy outcomes, adverse events, side effects and use of health resources.

Parental views of children’s physical activity: a qualitative study with parents from multi-ethnic backgrounds living in England
Since parents play an instrumental role in determining children’s physical activity levels, this article aims to explore parental views of children’s physical activity in a multi-ethnic sample living in a large city in the North-West of England.

Associations between the neighbourhood built environment and out of school physical activity and active travel: an examination from the kids in the city study
This study's aim was to examine selected objectively-measured and child specific built environment attributes in relation to proportion of out-of-school time spent in moderate-to-vigorous physical activity and active travel in a group of ethnically and socio-economically diverse children living in Auckland, New Zealand.

Screen-based behaviors of children and cardiovascular risk factors
The objective of this study was to determine whether the amount of time spent in screen-based behaviors (television viewing, computer use, and playing electronic games) is independently associated with individual and clustered cardiovascular disease (CVD) risk factors among elementary school children.
Implementing classroom physical activity breaks: associations with student physical activity and classroom behavior
The aim of this study was to investigate the relation of classroom physical activity breaks to students' physical activity and classroom behavior.

Factors influencing the sustainability of volunteer peer support for breast-feeding mothers within a hospital environment: an exploratory qualitative study
The objectives of this study were to explore breast feeding peer supporters' motivation to volunteer within a hospital environment, to describe their experiences of volunteering within a hospital environment, to examine the relationships between peer supporters and ward staff, and to identify factors contributing to the future sustainability of the service.

Consultations

Mentor-ADEPIS quality mark consultation
Mentor-ADEPIS is seeking the opinions of educators about the development of a national quality mark to support the teaching of resilience.

Public health formula for local authorities from April 2016
In January 2013 the Advisory Committee on Resource Allocation (ACRA) made recommendations on the public health formula, which contains separate components to estimate the need for different public health services. Since then, there have been significant developments, including the transfer of children’s 0 to 5 public health services to local authorities from October 2015. ACRA would welcome feedback on the proposed target formula for 2016 to 2017, including the proposed new services for children under 5 years formula component. This consultation closes on 6th November 2015 at 11:45pm.

Events

For details of these and many other events see the calendar of events on our website.

The 30 hours childcare entitlement- planning for success (Northumberland)
The Department for Education and 4Children are holding a number of early engagement events on the 30 hours childcare entitlement. The events will help childcare providers network and get to grips with some of the challenges and solutions in delivering the new 30 hours funded entitlement.

Location: Northumberland
Start date: Friday, 16th October 2015
The 30 hours childcare entitlement- planning for success (London)
The Department for Education and 4Children are holding a number of early engagement events on the 30 hours childcare entitlement. The events will help childcare providers network and get to grips with some of the challenges and solutions in delivering the new 30 hours funded entitlement.

Location: London
Start date: Monday, 19th October 2015

Child and adolescent mental health services conference
This conference is aimed at all professionals who are keen to develop their knowledge and understanding of child and adolescent mental health. Workshops will include: adolescent forensic risk assessment; building resilience; children, young people, and the internet; counselling skills; and “Future in mind” (2015) policy.

Location: Lancashire
Start date: Friday, 13th November 2015

The mother in mind: improving services for mothers with complex mental health needs
Some women with complex mental health needs find it hard to engage with health care professionals and social services. We know too that a sub-group of women have repeated encounters with the social care system; which seem not to be able to help them or their children. Three presentations will be given offering discussions on the problems faced by women with complex needs; the best way to make an assessment; and the potential for intervention.

Location: Oxford
Start date: Friday, 11th December 2015

Improving children and young people’s health outcomes: funding, integration and policy priorities
This seminar will be opportunity to assess priorities for children’s health and wellbeing. Delegates will consider next steps for improving service delivery for children and young people, and the role of NHS England, clinical commissioning groups and local authorities in promoting positive wellbeing.

Location: London
Start date: Tuesday, 2nd February 2016

Early Intervention Foundation national conference 2016
This will be an opportunity to discuss current issues in early intervention, learn from successful examples on the ground and take away practical skills. Key themes will include youth vulnerability, parent-child relationships, recognising risk at the earliest opportunity and early intervention in a time of austerity.

Location: London
RCPCH annual conference 2016
The theme for the 2016 RCPCH annual conference will be ‘Working together across boundaries’. Abstract submissions are now open.

Location: Liverpool
Start date: Tuesday, 26th April 2016

eBulletins
Working with partners, we produce a number of eBulletins to keep you up to date:

- Child and Maternal Health Knowledge Update
- Children’s Mental Health and Psychological Wellbeing
- Learning Disabilities and CAMHS
- Perinatal and Infant Mental Health

Sign up to one or more at http://www.chimat.org.uk/default.aspx?QN=CHMK9

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